

Gymnastics ROCKS!
(Sac State GYM FEST)
Day of Instructions

C.S.U.S. (California State University Sacramento)
6000 J Street, Sacramento, CA 95819
Yosemite Hall South on campus

Saturday, May 14th

Meet inside the gymnasium at **10:30am**. Your performer will be finished after the performance is over.

Performance time is approx. 11:30 am After your child performs and is released to you you are free to leave.

Where to park: When you pull into Sac State you should **stay to the right**. It will curve around and take you past a new huge parking structure. You can park anywhere in that area. There will be signs to help you find the gym.

What to wear/bring: Everyone who has the warm-up jacket please wear it. Wear your costume under your warm-up, **have your hair and make-up done** when you arrive and bring your gym bag.

If you have a costume change you will be given a box after practice either this week or next week, to use during the performance. Please bring that box to Sac State on the day of our performance.

Cost:

\$10 Spectator Admission
(5 and under are free)